



Growing **Through** Grief

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Current Endorsements for *About Tomorrow: Mending the Heartache of Grief*

Whether you've lost a loved one, or have lost the ability to walk (like me), you'll be blessed by the reflections and insight on this special CD.

Joni Eareckson Tada, JAF International Disability Center

“Filled with words and music that bring comfort and wisdom, this CD can make a difficult time more bearable.”

Ken Blanchard, coauthor of *The One Minute Manager™* and *Lead Like Jesus*

Hi, Fred. I can't remember ever being so impressed with anything in my 30+ years of grief-support work! Thanks for this amazing gift of hope and healing. It's superb.

About Tomorrow is an inspired and extraordinary BREAKTHROUGH in grief support! Reading is good, but listening to this CD is much, much better! It's like having an intimate group of precious friends always available in my home to comfort, support, encourage and love my broken heart. They are silent when I need quiet, but they are there twenty-four/seven when I need hope and understanding. If Oprah were to give me a sum of money and tell me to give it away, I'd use it to purchase as many copies of this CD as it would buy. Then I'd give one to every bereaved person I could find. I'd also give one to every clergy person. This powerful CD can change our world.

Andrea Gambill, Editor, *Grief Digest* magazine

As Shakespeare wisely noted, “parting is such sweet sorrow.” It's especially true when you're saying 'so long' to dear loved ones, even for a little while. But that's where our faith in God, and our confidence in the promises of Jesus that He has gone to 'prepare mansions' for the faithful really rescues us from the deeper sorrow.

Because the time of parting can be so traumatic and sorrowful, it's wonderful when people like Fred Frank and his *About Tomorrow* project, can come alongside to offer solace and hope for the future because of Jesus, and not just the sense of loss associated with the past. I'm thankful for their work and ministry.

Pat Boone

Thank you for sharing this brilliant CD "*About Tomorrow*" with me. The painfully raw, real emotions along with their feelings are honestly discussed by people who have walked down the dreadful road of grief. Most importantly, it talks about the comfort and hope they have found in their unfortunate journey. "*About Tomorrow*" brings meaning to what the Apostle Paul says in 2 Corinthians 1:3-4, "*Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all Comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.*"

I have found that often when someone is overwhelmed with the loss of a loved one, it is difficult for him or her to concentrate while attempting to read a helpful book about bereavement, and holding back the tears; however, "*About Tomorrow*" would be perfect for them to listen to.

I believe "*About Tomorrow*" will become a valuable tool for pastors and grief support ministries by bringing comfort and hope to the brokenhearted.

Perry Harris, Saddleback Church
Grief Support Ministry

The people at Comfort Music step up to the plate with open and honest sharing. Commentary. Quotes from people on the journey. Brief musical interludes. Some is based in providing information. All of it is expressed in the language of feelings that comfort, inform, and diminish our sense of losing our minds.

Grief hurts. The misunderstood signs and overtures. The feelings that are just too heavy, yet no one steps in to help. Anger. Lonely. Loss of purpose. Sad. Anyone who has experienced a significant loss know well the power of many of our feelings. This recording is that "safe place" where we can simply "be."

Professionals, caregivers and volunteers will get a renewed insight into walking with the bereaved. Most of all it is an anthology of love for you and me. There is something on this disc for you. Listen in bits and pieces. Listen all the way through. Listen frequently. Listen as you have need. BUT LISTEN! You will hear what you need to hear. You can and will "release your grief."

Richard B. Gilbert, PhD, Mercy College, New York
Director, The World Pastoral Care Center / Bridge Builders.

About Tomorrow is a very real approach to a very real problem many face daily ... grief. My first acquaintance with grief goes back to age twelve when my father passed away. Little did I know that I would become a minister and share with hundreds during their grief. This CD gives the spiritual dimension to this subject. Someone has said: "*If you don't make a choice, someone else will choose for you.*" This is so true when dealing with our losses in life. This is a unique tool to help make a choice. This CD gives hope ... and "Hope is what keeps all suffering in place."

Glen D Cole - retired AOG minister

I've just finished listening to *About Tomorrow* (twice!) and found it to be a first-class tool for 'times such as these.' Fred, it's great and I believe one of the best resources I've seen for those going through the painful, mystifying experience of losing a loved-one! The content and sharings are gut-wrenching, heart-warming and life-bringing and should be of great help to those paralyzed and beat-up by their loss and deep sorrow.

The interviews interspersed with the music were inspiring, enlightening and revealing. The wide range of emotions, experiences, ages and stages of grief presented were eye-opening and practical.

And I appreciated how the information was introduced with honesty, openness and authenticity.

Bravo Fred and Steve, and thanks for creating this powerful tool for those of us who now or later will walk through the Valley of the Shadow of Death! After all, we're all terminal and not one of us is going to get out of this world alive. May God use *About Tomorrow* to bring hope and encouragement to those in need.

John Coulombe - Pastor, Senior Adults, First Evangelical Free Church, Fullerton, CA

Karlene and I were deeply moved by *About Tomorrow* and feel that anyone in sorrow would be uplifted and encouraged by this wonderful CD.

George Beverly Shea

The people interviewed in *About Tomorrow* freely share their hurts, their hopes and, ultimately, their healing. Listeners who've suffered a loss will find their own thoughts and feelings mirrored again and again by these frank, open individuals. I'm not aware of another audio resource that is anything like it.

If you simply want to send a message of sympathy to a grieving friend, there are plenty of greeting cards available. If you want to send something that can actually help them feel better, let me recommend *About Tomorrow*.

Jerry Rose - President of Total Living Network, Significant Living and CASA. Past-president of NRB

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Are you experiencing the confusion and mystery of grief? *About Tomorrow* will introduce you to a community of men and women who understand and appreciate just where you are. You will tear up, but you will smile, too, as you grow through your grief. It has been a key part of my healing process in the last 12 months. You will be stretched and blessed as you listen.

Brenda A. Smith, President, CEO

BWF Project, Inc. - Breakfast with Fred (Regal Books)

Divine Confinement: Facing Seasons of Limitation (Executive Books)